COUNSELING AND MENTAL HEALTH 1
WITH MRS. DELLINGER

The CMH curriculum is designed to prepare students to handle the challenges within life and academically through the following objectives:
- Self Awareness and Management
- INTRApersonal Relationships
- INTERpersonal Relationships
- Family Life Cycle and Resiliency
- Career Literacy

The final "proof of learning" will be a semester-long project where students will display their mastery of CMH content.

- File Folder with work samples (notebook)
- Self-Reflection Summary
- Oral Presentation
- Visual Representations

Students will be asked to think introspectively and share on a regular basis. This will require a high degree of respect, tolerance, and consideration amongst students and their peers.

Daily assignments, notebook checks, and projects will build the course grade. The course grade and the final portfolio make up the final grade!
COUNSELING AND MENTAL HEALTH 2

WITH MRS. DELLINGER

The CMH curriculum is designed to prepare students to handle the challenges within life and academically through the following objectives:

- Career Pathways in the Counseling and Mental Health field
- The Human Brain and Nervous system
- Mental Health Theories and Treatments
- Mental Disorders
- Teen Violence

Students will be asked to think introspectively and share on a regular basis. This will require a high degree of respect, tolerance, and consideration amongst students and their peers.

Daily assignments, notebook checks, and projects will build the course grade. The course grade and the AAFCS Pre-PAC make up the final grade! 

At the end of this course, students will have the opportunity to earn the AAFCS Pre-Professional Certification. This will take the place of a standard end of course test.

Students will need 1 composition notebook

AAFCS
AMERICAN ASSOCIATION OF FAMILY & CONSUMER SCIENCES

Final Grade 80%

COURSE GRADE

Final Grade

Daily assignments, notebook checks, and projects will build the course grade. The course grade and the AAFCS Pre-PAC make up the final grade!

Courses Grade

Projects

Notebook

DAILY WORK

STUDENTS WILL NEED 1 COMPOSITION NOTEBOOK

Scan for more information

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This curriculum will cover the following topics:

- Readiness Characteristics of parents
- Teen pregnancy, sexuality, and responsibility
- Family Planning (contraceptives)
- Male/Female reproductive systems
- Conception
- Pregnancy
- Labor and Delivery
- Care and Development of Infants
- Care and Development of Toddlers
- Care and Development of Preschool age children
- Selecting a Child Care Program
- Careers in the Child Development Field

Daily assignments, notebook checks, and projects will build the course grade. The course grade and the final exam make up the final grade!

Students will need parental consent to be present for the contraceptive, reproductive, and labor/delivery portions of this course!

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